

Cinco de Mayo AYC Junior Regatta
May 6th & 7th, 2023
Atlanta Yacht Club, Acworth, GA

SAILING INSTRUCTIONS

"[NP]" means that a boat may not protest another boat for breaking that rule. This changes RRS 60.1(a).

"[DP]" means that the penalty for a breach of a rule may, at the discretion of the protest committee, be less than disqualification.

1. RULES

- 1.1 The regatta will be governed by rules as defined by the Racing Rules of Sailing (RRS).
- 1.2. For the purposes of the definition of rule, the class rules shall be the rules of the Optimist, Sunfish, BIC Open, ILCA 7 (Laser Full Rig), ILCA 6 (Laser Radial Rig), ILCA 4 (Laser 4.7 Rig) and Club and Collegiate 420 class.
- 1.3 Appendix V shall apply

2 ENTRIES

Boats that have completed registration are eligible to race.

3 SAFETY

- 3.1 [NP] A US Coast Guard approved personal flotation device shall be worn, properly fastened, at all times while launching and when sailing, except for brief periods while adding or removing clothing. Failure to comply with this rule may result in disqualification. Each competitor shall have a whistle attached to their PFD at all times while on the water. Each Optimist boat must have a secure loop in the end of its bow line.

An adult (Parent, guardian or designated adult) is responsible for the safety of each sailor. It is the responsibility solely of this adult to decide if the sailor should sail in the weather and sea conditions that might arise during the event. The adults supervising the competitors are ultimately responsible for the risks.

Parents not personally attending any part of the event must ensure that another adult is authorized and designated to make these decisions for their sailor, and each competitor shall

indicate in writing the parent or adult representative that shall be responsible for the competitor throughout the event.

The designated adult will accept full responsibility for all actions of the competitor during any activity related to the event. This includes on-shore activities before, during, and after the Regatta.

This changes RRS 40.

- 3.2 [DP] A boat retiring from a race shall notify a race committee boat before leaving the course, or, when that is impossible, the Regatta Office immediately after arrival ashore.

4 [NP] [DP] CHECK-IN

Competitors shall check in with the Race Committee Signal Boat before the initial Warning Signal of the first race each day. Each boat shall hail her sail number and must be verbally acknowledged.

5 NOTICES TO COMPETITORS

Notices to competitors will be posted on the Official Notice Board(s) located outside of the clubhouse, close to the fishpond.

6 CHANGES IN SAILING INSTRUCTIONS

- 6.1 Any change to the SIs will be posted before 8am on the day it will take effect, except that any change to the schedule of races will be posted by 7pm on the day before it will take effect.
- 6.2 Changes to the SIs may be made on the water. Prior to the warning signal, the Race Committee will display Flag L with one sound. Competitors shall sail astern of the Race Committee Signal Boat to receive the change orally. The Race Committee shall keep a log of each boat so notified.

7 SIGNALS MADE ASHORE

- 7.1 Signals made ashore will be displayed from the flagpole at the top of the walkway to Dock 2.
- 7.2 Flag AP with two sounds (one when lowered) means, "The race is postponed. The initial Warning Signal will be made not less than 20 minutes after AP is lowered." This changes Race Signal AP.

8 SPECIAL SIGNALS

Code Flag A (White and Blue vertical panels) displayed with no sound while boats are finishing means "no more racing today."

9 SCHEDULE

9.1 Saturday

8:00-9:00 am

Breakfast in the Clubhouse

8:30– 10:00 am

Registration

Clubhouse

10:00 am

Skippers, Coaches and Parents Meeting (Mandatory)

Clubhouse

11:00 am

First Warning – Championship Fleet

Green Fleet (to be announced at Skippers meeting)

Additional races &/or clinic to follow.

6:30 pm

Dinner at Clubhouse

Cinco de Mayo fiesta and games following dinner.

Sunday

7:30

Breakfast in the Clubhouse

9:30 am

First Warning Championship Fleet

Green Fleet Skippers Meeting

Additional races &/or clinic to follow.

1:00pm NO Warning Signal after this time.

After Racing - Awards ceremony with lunch

Clubhouse

The Green Fleet sailors' schedule will be the same through the Skippers meeting at which point a second, separate meeting for Green Fleet sailors will be conducted and the remainder of the schedule for that fleet will be announced.

9.2 The distance from the launch site to the racing area is within site of the AYC Viewing Pavilion.

10 CLASS FLAGS AND ORDER OF STARTS

Fleets will start in this order, with these Class Flags:

420	Class Flag or Blue Flag
ILCA 7/Laser Full	Class Flag or Pink Flag
ILCA 6/Laser Radial	Class Flag or Green Flag
ILCA 4/Laser 4.7	Class Flag or Yellow Flag
Sunfish	Orange Flag
O'pen BIC	Purple Flag
Opti Championship	Class Flag or, Red Flag

11 RACING AREA

The racing area will be as shown in Illustration A, attached.

12 THE COURSE

- 12.1 The diagram(s) in Illustration B show the course(s), the order of rounding, and the side on which each mark is to be rounded or passed.
- 12.2 The identifying number of the course will be displayed from the Race Committee Signal Boat.

<u>Placards</u>	<u>Course</u>
1	Trapezoid Course
1G	Trapezoid Course with Leeward Gate
W	Windward-Leeward Course
WG	Windward-Leeward Gate Course

For courses "W" and "WG" a number posted after the course indicates how many laps are to be sailed.

- 12.3 The Opti Green fleet will have a separate course, in a different racing area.

13 MARKS

- 13.1 Rounding marks of the course

Rounding marks for the ILCA/Lasers and the 420's will be yellow tetrahedrons. New (change) rounding marks, will be *yellow tetrahedrons with a black band*.

Rounding marks for the Optis, O'pen BIC, and Sunfish will be red spheres. Changes in this mark (new mark) will be a *red sphere with a black band*.

- 13.2 If Course W or WG is used, offset marks will be red spheres.
- 13.3 If one Mark of a Gate is missing, the remaining Mark shall be rounded to port.
- 13.4 The starting and finishing marks will be orange cylinders.

14 THE START

- 14.1 Races will be started in accordance with RRS 26.
- 14.2 The starting line will be between the staff from which an orange flag is displayed on the Race Committee Signal Boat at the starboard end of the line (looking upwind) and the course side of the port-end starting mark.
- 14.3 [NP], [DP] Boats whose Warning Signal has not been made shall keep clear of the starting area.
- 14.4 A boat shall not start later than five minutes after her starting signal. A boat starting later than five minutes after her starting signal shall be scored Did Not Start (DNS) without a hearing. This changes RRS 63.1, and A5.1.

15 RECALLS

The Race Committee intends to hail OCS boats after the starting signal. The failure of any boat to hear the hail, the hail of some but not all OCS boats, the timing of any hail of some or all OCS boats, or the failure to hail any or all boats shall not be grounds for granting redress. This changes RRS 62.1.

16 CHANGE OF THE NEXT LEG OF THE COURSE

- 16.1 To change the next leg of the course the Race Committee will lay a Black-banded Rounding Mark (or move the finishing line) and remove the original Rounding Mark as soon as practical. When in a subsequent change a black-banded Rounding Mark is replaced, it will be by an original Rounding Mark.
- 16.2 When signaling competitors of a change to the next leg of the course, such signal will apply only to the fleets on the course with the type of mark (tetrahedron or red sphere) closest to the Race Committee boat signaling the change.
- 16.2 If any one gate mark of the pair has a black band, it shall be understood that both gate marks are the new mark.
- 16.4 For course W and WG, if Mark 1 is moved according to RRS 33 CHANGING THE NEXT LEG OF THE COURSE, Mark "OS" will be removed.
- 16.5 The Race Committee may make minor adjustments (less than 10 yards in any direction) to the location of a mark without signaling a change under RRS 33.

17 THE FINISH

The finishing line will be between a staff displaying a blue flag on a Race Committee boat and the course side of a nearby finish mark unless the finish is for a shortened course. See RRS 32.2.

18 PENALTY SYSTEM - Appendix V shall apply

V1 PENALTY AT THE TIME OF AN INCIDENT

The first two sentences of rule 44.1 are changed to: 'A boat may take a One-Turn Penalty when she may have broken one or more rules of Part 2 or rule 31 in an incident while racing. However,

when she may have broken one or more rules of Part 2 while in the zone around a mark other than a starting mark, her penalty shall be a Two-Turns Penalty.'

V2 POST-RACE PENALTIES

- (a) Provided that rule 44.1(b) does not apply, a boat that may have broken one or more rules of Part 2 or rule 31 in an incident may take a Post-Race Penalty at any time after the race until the beginning of a protest hearing involving the incident.
- (b) A Post-Race Penalty is a 30% Scoring Penalty calculated as stated in rule 44.3(c). However, rule 44.1(a) applies.
- (c) A boat takes a Post-Race Penalty by delivering to the race office a written statement that she accepts the penalty and that identifies the race number and where and when the incident occurred.

19 TIME LIMIT

The time limit for the first boat in a race to sail the course and finish is 90 minutes. Boats failing to finish within 20 minutes after the first boat sails the course and finishes in her class will be scored TLE (Time Limit Expired) and will receive a score equal to the number of boats that have finished within the time limit +2 not to exceed the number of boats who started the race. This changes rules 35, 63.1, A4, and A5.

20 HEARINGS

- 20.1 Request for hearings shall be in writing and delivered to the regatta office within 45 minutes after the time of the docking of the race committee signal boat for that competitor's course. Protest forms will be available at the regatta office
- 20.2 The Signal Boat docking time and the time limit to request a hearing will be promptly posted on the Official Notice Board.
- 20.3 Hearing Decisions will be posted promptly on the Official Notice Board, including the time the Decision results were posted.
- 20.4 Request for hearings notices will be posted as soon as possible after a protest has been delivered, but not later than 30 minutes of the protest time limit to inform competitors where and when there is a hearing in which they are parties to a hearing or named as witnesses. This posting shall constitute the notification required by RRS 63.2 and RRS 61.1(b).
- 20.5 The following sentence is added to rule 66. "On the last day of racing, a party to the hearing may ask for a reopening no later than one hour after being informed of the decision." This changes rule 66.2(a)(2).
- 20.6 The penalty, if any, for an infringement of a rule other than a rule of Part 2 or rule 31 will be at the discretion of the Protest Committee and may be less than disqualification.

21 SCORING

The Low-Point Scoring System of Appendix A shall apply for all classes. A maximum of seven races are scheduled, of which one shall be completed to constitute a series. If six or more races are sailed, a boat's worst score shall be discarded.

22 SUPPORT BOATS

- 22.1 Except as noted in SI22.2, team leaders, coaches and other support personnel shall not be in the racing area from the time of the preparatory signal for the first class to start until all boats have finished or the Race Committee signals a postponement, general recall or abandonment. Support persons who violate this instruction may be subject to penalty under RRS 60.3(d) and 64.5.
- 22.2 Optimist Green Fleet: Coaching is encouraged during the starting sequence, around marks, and for staying generally “on course.” Green Fleet support boats must identify themselves to the Race Committee and be careful not to interfere with any racing boats. Safety is paramount.
- 22.3 Coaches shall wear fully secured PFDs while on the water. Other support people – Race Committee, mark and safety boat operators, parents, etc. – are strongly encouraged to wear fully secured PFDs while on the water.
- 22.4 All Coach boats and other support boats/support personnel must agree to aid any competitor in distress or requesting assistance of any sort. The Race Committee will communicate with Coach boats on VHF channel 70.

23 CHANGES OF EQUIPMENT OR CREW

- 23.1 420s shall sail all races with the same skipper at the helm and the same crew.
- 23.2 Boats shall sail all races with the sail number they registered, or the sail number they used in Race 1, if a number was not provided at registration.
- 23.3 At any time, the PRO will consider requests to change equipment due to breakdown or damage.

24. RISK STATEMENT

RRS 3 states: ‘The responsibility for a boat’s decision to participate in a race or to continue to race is hers alone.’ By participating in this event each competitor and the parent of each minor competitor agrees and acknowledges that sailing is a potentially dangerous activity with inherent risks. These risks include strong winds and rough seas, sudden changes in weather, failure of equipment, boat handling errors, poor seamanship by other boats, loss of balance on an unstable platform and fatigue resulting in increased risk of injury. Inherent in the sport of sailing is the risk of permanent, catastrophic injury or death by drowning, trauma, hypothermia, or other causes. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to during, or after the races.

Attachments: Illustration A - The Racing Area
 Illustration B - Course Diagrams (see Appendix L, Addendum A)

Illustration A - The Racing Area



Illustration B – Course Diagrams

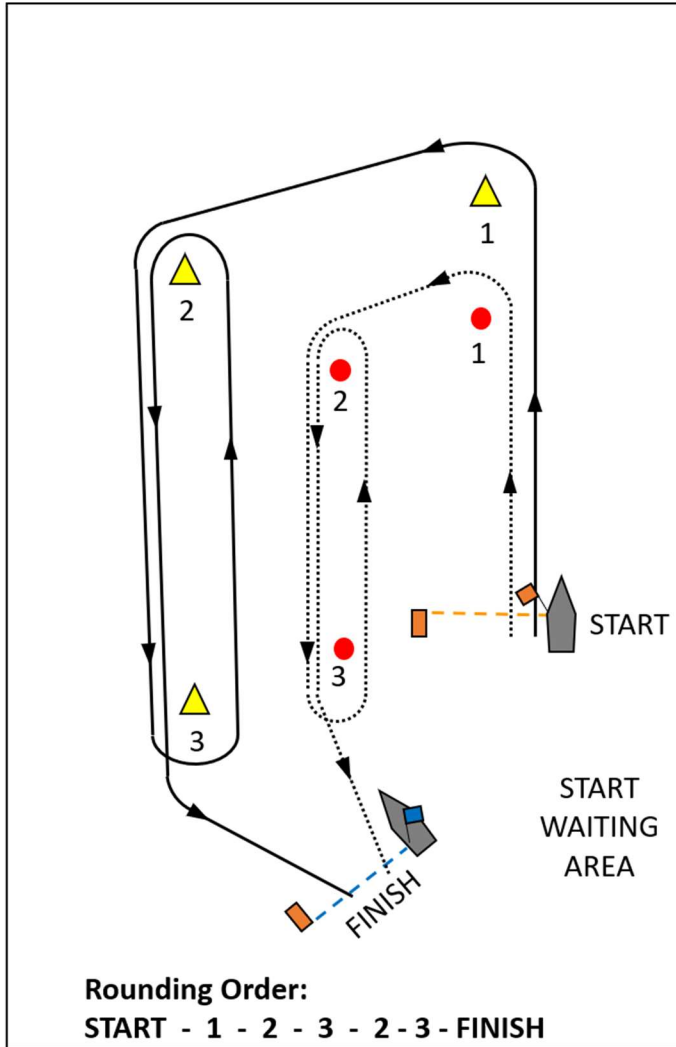


Marks used for 420 and ILCA/Laser fleets

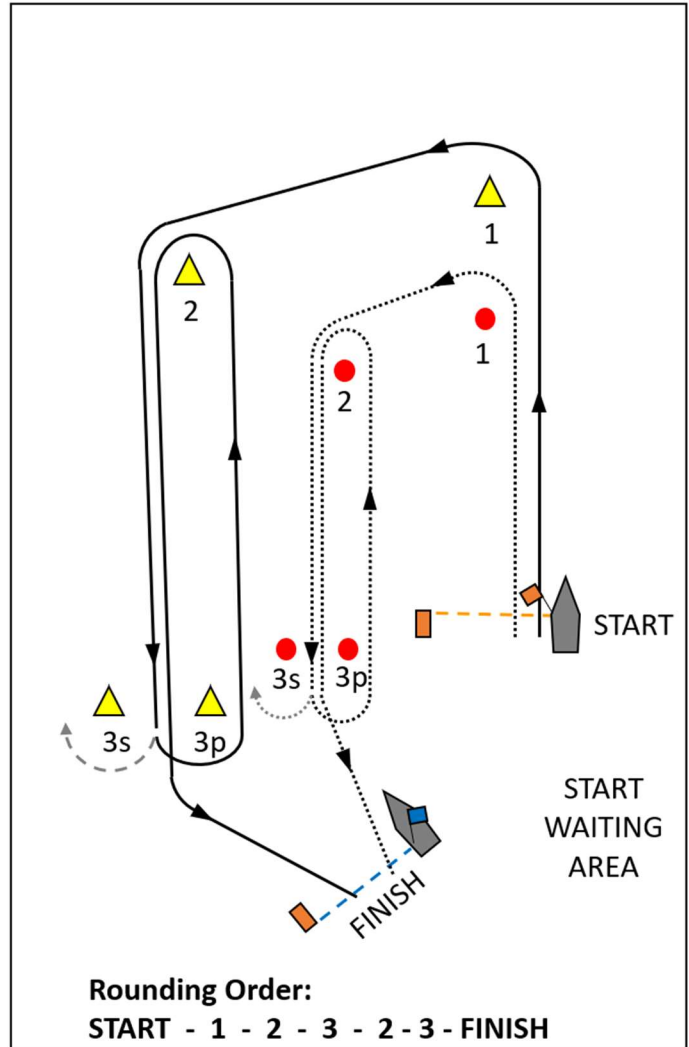


Marks used for Sunfish, O'pen BIC, and Opti fleets

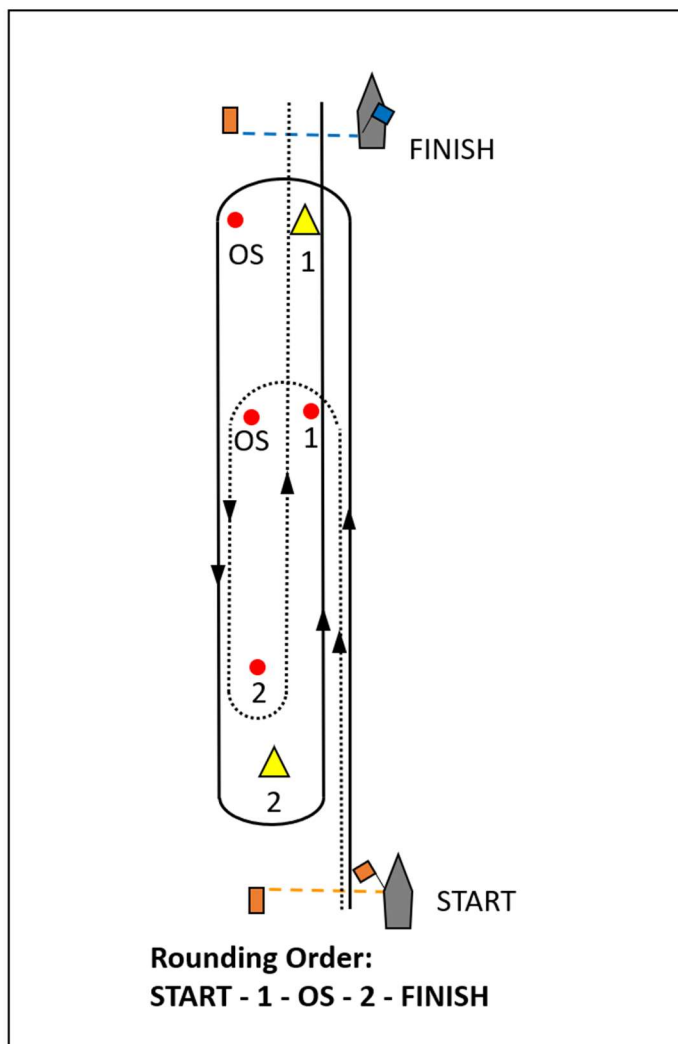
Course 1



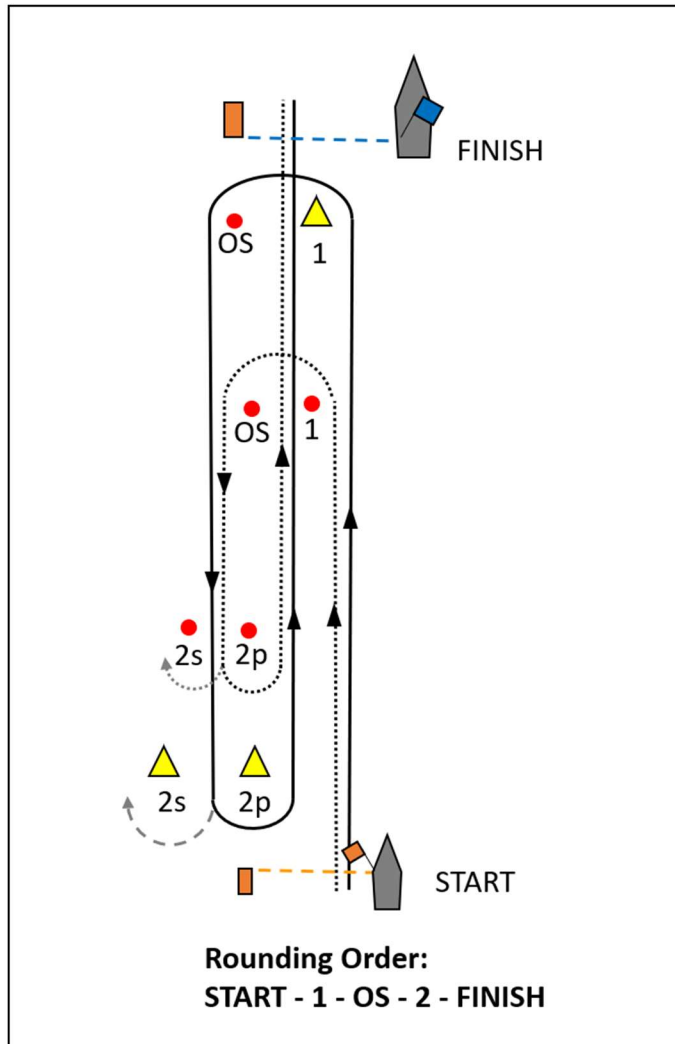
Course 1G



Course W¹



Course WG¹



Note 1: For courses “W” and “WG” a number posted after the course indicates how many laps are to be sailed.